Lillian Moss Journalism II Portfolio May 6<sup>th</sup>, 2013

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#### Section 1: Published Works

Two of my stories were published. One was published in the Washburn Review and the other one was published in the Mass Media Messenger.

## Section 2: Diversity/Multicultural Affairs beat

I was assigned to the diversity beat. I wrote several stories and articles on this beat.

#### Section 3: General Assignments

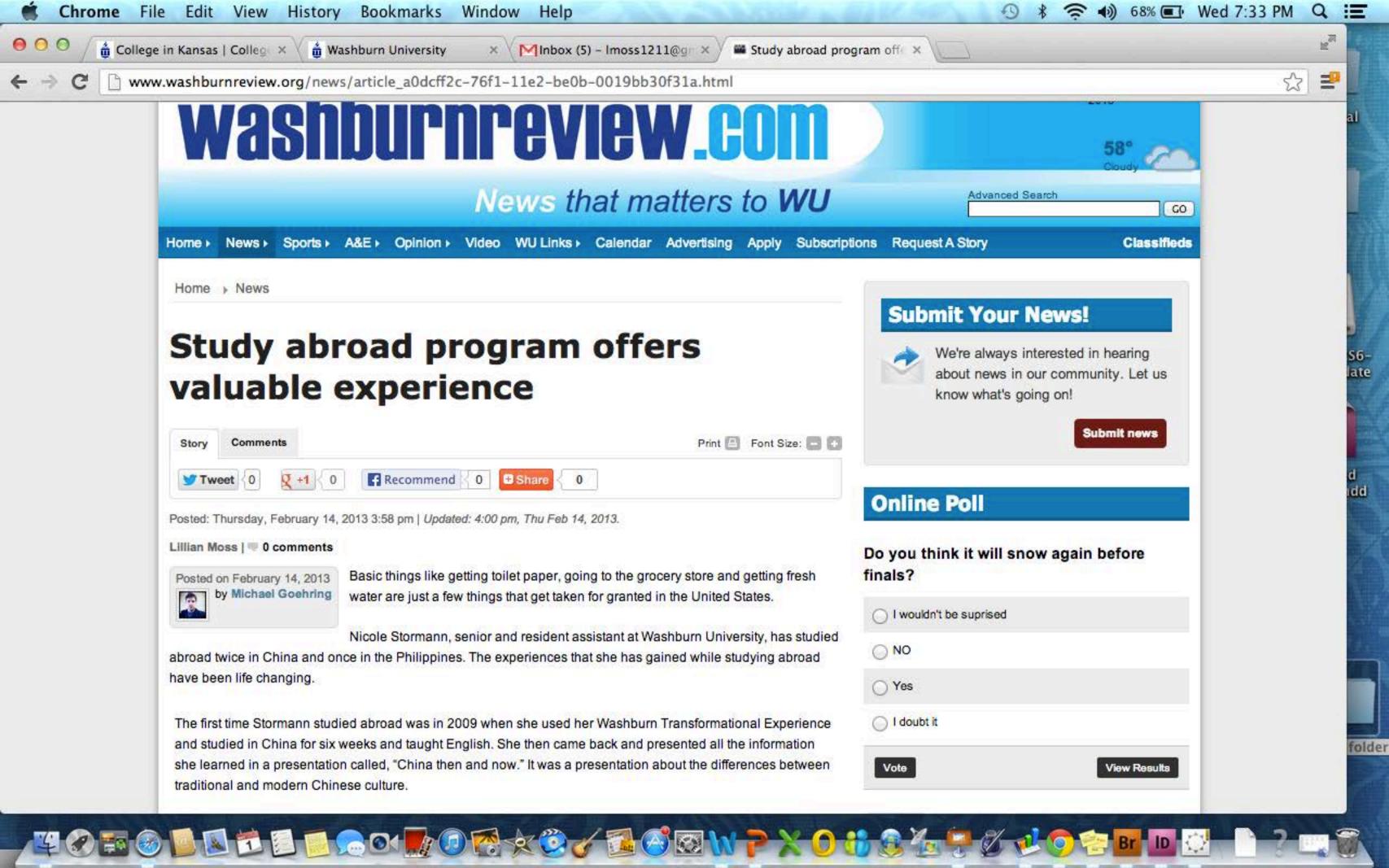
I covered a few events on campus like the career fair and interviewed various student organizations like CAB.

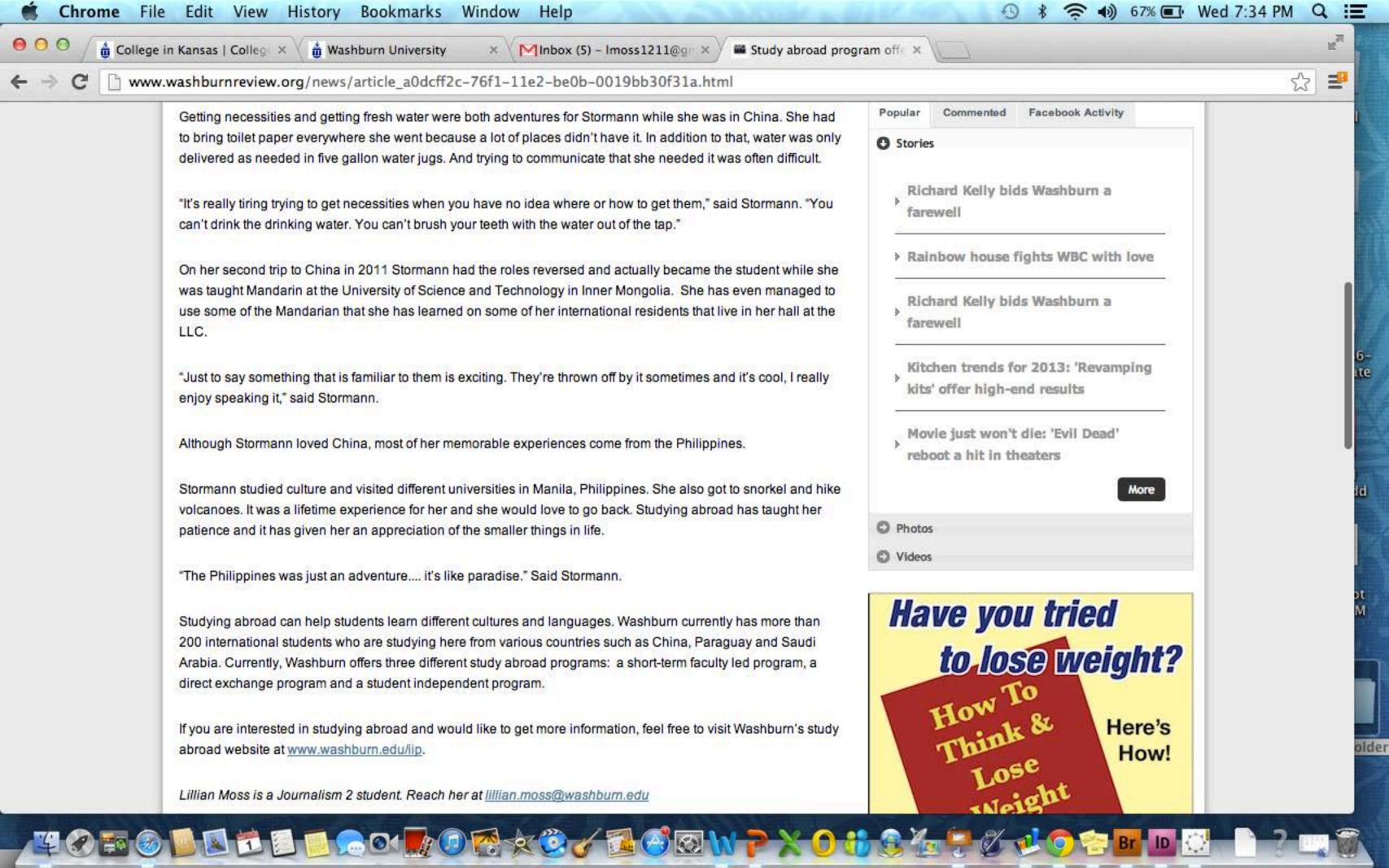
# Section 4: The Glamorous life blog

- -Cute and comfy high-low skirts.
- -How to get the perfect brows- Eyebrow threading

## Section 5: Multimedia Reporting

I tweeted about Apeiron and Basketball games. I also made two storify posts.





Slug: CJ Alumni

Story due date: April 1, 2013

Story type: Messenger

Headline: Alumni students work together at the Topeka Capital Journal

Sources: Corey Jones- 785.554.7696

Josh Rouse- 785.249.9693

Regina Stephenson 785.408.0844

Eric Smith 785/580.3745

Graduating from college and finding a "big boy" or "big girl" job can be pretty frightening for some students. Often, people who are just starting out at new jobs find themselves in a new environment and don't know anyone. Meeting new co-workers and being able to get along with them could be challenging. But that's not the case for some of Washburn's alumni that now work at the Topeka Capital Journal.

Currently there are five Washburn alumni who work at the Topeka Capital Journal. Corey Jones, Josh Rouse, Regina Stephenson, Eric Smith and Chris Marshall. All of them spent time in college working for the Washburn Reviews.

Corey Jones graduated from Washburn in XXXX and has worked at the Capital Journal for more than eight years. He started off as a part timer working four days a week working in the sports section and gradually moved his way up to being a full timer. He's currently a breaking news reporter and works at the copy desk. Being a breaking news reporter, he listens to police scanners then goes out and reports on whatever breaking news is happening like homicides and bad car accidents.

"Breaking news gets you out of the office. You're tweeting and taking down notes. It's enjoyable to get out and talk to people and meet people," Said Jones.

Josh Rouse graduated in XXXX with dual emphasis in media writing and public relations. Though he has had previous experience at the Capital Journal he is now apart of their staff. He is a copy editor so he reads through stories and edits them to make sure there are no errors before they are printed.

"A lot of the things I learned at Washburn came from working in student media. Regina Cassell and Dr. Menzie are two of the biggest influences in the mass media department," said Rouse.

After working multiple freelance and baby-sitting jobs, Regina Stevenson began working at the Capital Journal in November 2012. Stevenson graduated in XXXX with an emphasis in media writing and publishing. Stephenson is an online editor so she reads and corrects stories and also makes sure stories have good headlines and photos to go with it. Also, as an online editor Stephenson is in charge of sending out emergency emails to all of the Capital Journal subscribers whenever there is an emergency.

Working with people you know can be one of the best feelings because there's already a bond there that has been established. Also, working with people that you know and like makes it easier to want to go to work and not dread it.

"It's great. I like going to work every day and seeing people that I've known (for some cases) since high school." I'm really comfortable working with them. We know each other's strengths. I'm working with some of my best friends from college," Said Rouse.

Stephenson agreed.

"Its gratifying. I knew that we were all talented. It's a really good feeling," said Stephenson.

In XXXX Eric Smith graduated with a emphasis in media writing and publishing. Smith has worked at the Capital Journal for five years and is a copy editor and reporter. He works as a copy editor four days a week and lays out pages for the paper. He also listens to the police scanner and reports on the police beat Thursday evenings.

As a reporter often times you are pushed for deadlines and stories have to go out right away.

For example, "If there's a police shooting at 9:30 I call it in and someone types it up right away," said smith

Getting a lot of experience in multiple media outlets is a great way to get your foot in the door. Just because you consider yourself a photographer doesn't mean that you wont have to write, and just because you write doesn't mean that you shouldn't know how to take good photos.

"I would say experience working in student media. Free lancing for magazines really helped me. Whatever experience you have, you have to be willing to know that your skills will cross over. Be willing to be that person that meets deadlines," said Stephenson.

"Get involved with the review. Not in just writing and not in just photography. It helps to learn everything," said Josh Rouse.

"The people are really cool. They all have the same interests as you. Theirs a lot of veterans and young people." –eric smith

Eric Smith was a history major at washburn and was unsure of what he wanted to do, Chris Marshall got him interested in the media.

"Breaking news is horrid." –Regina Stephenson

"You have to be willing to put in the work for the outcome." – Regina Stephenson

Slug: Apollo Night Assigned Editor: Tricia

Story Due Date: February 17, 2013

Story Type: Review

Headline: It's Showtime at Washburn

Sources: Porchia Brown, Mass Media Film & Video, 816-536-2395

Ga'Quawna Manning, Social work and human services, 913-609-6078

Washburn's Black Student Union is having an Apollo night showcase to wrap up the end of their BSU week. BSU week will be held from Mar. 25-28 and during that week they will have various events such as Wi hip-hop dancing, financial classes to help college students reduce debt and how to handle being the minority at predominantly white institutions.

The showcase will be Mar. 28 in the Bradbury Thompson Alumni Center at 7 p.m. There will be various acts including dancers, singers, poets and rappers just to name a few.

Washburn's Apollo night will be similar to the very popular TV show *Showtime at the Apollo*. The show was first broadcasted in 1987 in New York and has had over 1,000 episodes. Showtime at the Apollo featured various live talented performers and up and coming artists just waiting for their chance to perform in front of a large audience.

"Washburn needs a talent show so that the Washburn community and the community surrounding Washburn can get together and show off our talents in an environment that encourages growth and positivity," said BSU secretary Ga'Quawna Manning who is a junior majoring in social work and human services.

If you have a talent and would like to perform here's your chance to show it off. The showcase is open to anyone at the school and within the Topeka area.

"It isn't just for black students. Anyone from any race and any cultural background can perform at the Apollo night," said BSU President Porchia Brown.

Registration is still open and it's not too late to sign up. If you would like to be a part of the Apollo night you can contact any BSU member or stop by the Multicultural Affairs office in Morgan 110.

Schedule of events for BSU week
Monday- Wii dancing
Tuesday- Finance class
Wednesday- "Remaining Black in White presentation"- Special guest speaker
Katerra Shackelford from Baker University
Thursday- Apollo night

# BSU concludes their BSU week with their Apollo night schowcsae Lillian Moss



The Topeka High step team takes the stage.



Elizabtheth Mariner poses with Chante Mitchell after Mariner's original dance routine performance.



Senior and WU football player Willie Williams hosts the show.



Christian Sauerman shows the crowd a few of his infamous yo-yo tricks.

# Washburn Black Student Union kicks off BSU Week Lillian Moss



Juniors, Porchia Brown and Whitney Willams-Bey kick off BSU week by dancing to Chris Brown's *Run It* on the Hip-Hop dance experience game.



Kwanequa Jones (left) participates by dancing to TLC'S *Creep*.



senior Bear Hollins and sophmore Chante Mitchell watch as Porchia Brown dances by herself to B.o.B's *Airplanes*.

Slug: All night at the rec

Assigned Editor:

Story Due Date: January 31, 2013

Story Type: review

Headline: Spend your Friday night at the Rec Sources: Maddy Mae Martin, Student, Senior

We all know that Friday nights in Topeka can be pretty boring, especially if you're under the age of 21. So why not hang out on campus with a couple of friends and have some fun?

On Friday, February 8<sup>th</sup> Washburn will be having its annual event, "All night at the rec." Washburn's Residential Living puts on the event every year in hopes that students can have a fun, safe, and enjoyable night while staying on campus.

"All night at the rec is an alternative way to spend a Friday night," said Maddy Mae Martin.

The event will be held from 11:30 p.m. - 2a.m. and students can expect to eat great food, play basketball and volleyball, tie-dye shirts, climb the rock wall and various other activities and win prizes amongst other things. Even though the event lasts from 11:30 p.m. – 2 a.m. doors to enter the event will be closing at 12 a.m. and no one will be able to enter after this point. You can leave, you just cant re-enter after midnight.

All night at the rec will be held at the Student Recreation and Wellness Center. It's open to all Washburn students and it is free to attend. All you need is your iCard.

<sup>\*</sup>Maddy is an early child hood education major, and an RA

Slug: Student athlete Assigned Editor: Yearbook

Story Due Date: 5/6/13 Story Type: yearbook

Headline: Student Athlete goes above and beyond

Sources: Bear Hollins, Senior, Biology major, (816) 728-6917 (interviewed

4/11/13)

Ursula Jander, professor, (785) 670-2077 (interviewed 4/26/13)

Athletes over time have been stereotyped to be some pretty unkind things like jocks. Some have even been said to have only been able to pass classes mainly because their athletes, not because of the actual work that they put forth and the test scores that they receive. This is certainly not the case for Bear Hollins.

Hollins is not your typical athlete. He is a senior and is currently active in organizations like BSU, FAN, American Medical Student Association, big brothers big sisters and the biology club. He has followed his three older brothers footsteps and began playing football in the third grade. Hollins is also a four-year student athlete at Washburn and played as a linebacker. Although he received multiple scholarships to go to various colleges, Hollins picked Washburn.

"I knew coming into college that I was going to do something in healthcare so for me picking a college was based on the best biology program and one with the best football scholarship," said Hollins.

Hollins knew when he went to college he wanted to help people so when he came to Washburn he shadowed a lot of physicians and made a list of things that he wanted to get out of his healthcare career. It wasn't until he shadowed an optometrist that his list was satisfied to a degree where he felt like he could do that job for the rest of his life.

While attending Washburn Hollins studied the visual acuity of the praying Mantis with Dr. Ursula Jander. They wanted to find out whether or not the immature stages of the praying Mantis have less acute vision than the adult. After dissection and micro scoping the eyes of the praying Mantis, they found out that the vision of the praying Mantis improves throughout the immature stages.

"Bear was a very cooperative and reliable student and had great desire to learn about vision and visual adaptations of animals including humans," said Dr. Jander

After applying to three different optometry schools and being accepted to all three, Hollins will attend Southern College of Optometry in Memphis, TN after he graduates from Washburn this May.

"Washburn as an undergrad really translates nice to Southern College of Optometry as a graduate school. Their campus is really nice, their facilities are top notch and their optometry program is the Number 1 optometry program in the country so they have a lot to offer," said Hollins.

Even though this will be the first time Hollins has been this far away from his family in Kansas City, he is ready to meet new people and for new beginnings. His plan after graduating from graduate school is to specialize in visual acuity corrections in athletes.

- \*Bear Got scholarships to UCM, Northwest mo state, MO Southern, Missouri Western
- \* Some of the physicians he shadowed were Dermatologist, radiologist, family doctors, and optometrist.
- \*Bear was accepted to Rosenberg school of optometry in San Antonio and University of Missouri Saint Louis school of optometry in saint Louis and Southern college of optometry.
- \*"Southern offers a special teams sports division that really interests me and that's something a lot of other schools couldn't offer," said Hollins.
- \*Dr. Jander is a biology professor
- \*He will go into graduate school to become a good optometrist," said Jander.

Name of reporter: Lillian Moss Slug: Campus Activities and Board Assigned Editor: Tricia Peterson Story Due Date: 2/25/2013

Story Type: Review

Headline: Student Involvement

Sources: Richard Kelly, MM & Social Work, Senior 785.670.1222

Some students go to college their freshman year nervous, anxious, and not knowing anyone. Joining a student organization and interacting with other students can help relieve those feelings.

Campus Activities Board is a student organization that helps put on events on campus. Some of the benefits from joining CAB include the possibility of meeting celebrities and growth and development in both leadership and professional skills.

"CAB is universities programming board that brings a multitude of events for students, faculty and public," said senior Richard Kelly.

After attending one of CABs yearly events (casino night) four years ago, Kelly has become a member of CAB and is currently their Assistant Varieties & Entertainment Director.

"When I first got here I went to casino night and thought it was fun. Since then I started going to their events," said Kelly.

Since joining CAB Kelly has became a member in student media, Top City live, Phi Delta Theta, and Bod Squad just to name a few.

What Kelly likes about CAB is that they try to tailor to all students, both non-traditional and traditional students.

For more information about CAB and how to join you can visit their site at http://www.wuevents.com/joomla/

Name of reporter: Lillian Moss Slug: School cancels after snow day

Assigned Editor: Tricia Story Due Date: 2/25/2013

Story Type: Review

Headline: Students supporting WU basketball even with the bad weather

Sources: Bayo Oladapo, Sports Management

Porchia Brown, Mass media film & video (816) 536-2395

Although classes were canceled on Thursday Feb. 21 due to inclement weather, it didn't stop Washburn's already scheduled women's and men's basketball games that night against the Nebraska Kearny Lopers. The weather wasn't all that great but the support from Washburn students cheering for both the Ichabods and Lady Blues was.

The turn out wasn't as high as some of the other basketball games but their were still at least 75 people including students, faculty and adults. Most students began trailing in halfway into the men's game.

"I decided to come to the game to support the Ichabods. Since it was snowing I wasn't doing anything so I figured I'd come to the game," said junior Porchia Brown.

"I came to support my school and my friends," said sports management major, Bayo Oladapo.

The Lady Blues managed to beat Nebraska Kearny 61-41 making this their  $10^{\rm th}$  win in a row, putting them closer to their goal of winning the MIAA conference title. The Ichabods also managed to beat Nebraska Kearny 76-70.

Come out and support the Ichabod's and the Lady Blues at their next home game in Lee Arena on Saturday, March 2 at 5 p.m. and 7 p.m.

Lillian Moss Editorial on binge drinking March 13, 2013

Do students really drink in college? If you say no, then you're naive. The National Institute on Alcohol Abuse and Alcoholism reported that two out of every five students have engaged in binge drinking. That means that more than likely you or one of your friends has engaged in binge drinking. Students under the age of 21 drink all the time, but does that mean that we should lower the drinking age? No!

Many would argue that if you can fight in a war then you should be able to drink. To some extent that makes sense but the mindset of an 18-year-old isn't the same as the mindset of a 21-year-old.

So the magic number is 21. But where did it come from? Nobody picked it out of a hat and randomly came up with it. There are ages for everything. You have to be 16 to get a license, 18 to legally marry without consent and vote, and 21 to drink. The drinking age is 21 because when teens drink their body reacts differently to the alcohol then when 21 year olds drink. Studies show that teens can get drunk twice as fast as adults. By having the drinking age set at 21 it helps keep everyone safe.

It has been brought up several times that if the drinking age were lowered to 18, then 18-20 year olds would need to complete an alcohol education class that way they could get a drinking permit and be able to drink. But just because you educate teens about the effects of alcohol it doesn't mean that it's necessarily going to help. Students across the United States have learned in middle school and high school about the dangers and risks of having premarital sex and yet there are still more than 820,000 teenage pregnancies every year in the United States alone.

The UK says that binge drinking occurs when 11 or more drinks are consumed on one occasion. That's more than double what the United States says. According to the US binge drinking occurs when multiple drinks (5 or more for men and 4 or more for women) are consumed within a short period of time. Although binge drinking has declined among college students, it's still prevalent.

Binge drinking can often times be costly. The average college student that has a normal retail or fast food job might work 20 hours a week and make \$8.25/hr. That comes up to \$165 per week. If that same student goes out to a bar and buys five \$4 drinks and a \$3 beer they've already spent \$23 on drinks, not only in one night but also in one setting. With that \$23 they could have done more than 18 loads of laundry!

Binge drinking has claimed the lives of more than 80,000 deaths per year in the United States. Most of the deaths come from car crashes, suicides and altercations.

Students binge drink for many reasons. Some do it because it's a sense of rebellion. They're finally away from home and want to do something out of the norm. Others drink because they're at parties and see their friends drinking and some might even drink because they are depressed and want the pain to go away. It has been said that more than 60 percent of binge drinking men have 10 or more drinks per binge.

Many college students feel that they are "invincible." But in reality they aren't. Binge drinking can have long lasting effects. The short-term effects of binge drinking include alcohol poisoning, slurred speech, blackouts and distorted vision and hearing. Long lasting effects from binge drinking include liver disease, nerve damage, high blood pressure and death.

One very serious complication that can come from binge drinking is blacking out. Most people believe that blacking out occurs after heavily drinking and simply passing out on a bathroom floor but that isn't true. Even though someone blacks out they can still perform tasks and carry on conversations but not remember that it happened the next day. Binge drinking on an empty stomach can increase blackouts.

There are many ways to avoid binge drinking. One of them is to not drink at all. However if you are going to drink then you should drink in moderation and drink responsibly.

# The effects of smoking cigarettes over time

The origin of cigarettes dates back to 6,000 BC. The first users of cigarettes were said to be the Mayan's in Central America. Soon after the Aztec's followed, they both smoked for religious rituals and would crush the tobacco leaves up and put them in corn husks to smoke. Cigarettes later spread to North and South America, and in the 17<sup>th</sup> century the corn husks were replaced by paper. In 1830 the cigarette wound up in France, and that's where it got its name. The word "cigarette" is the French adaptation of the Spanish word "sigarito".

There are currently over 1.3 billion smokers worldwide. I'm pretty sure everyone knows that cigarettes are bad for you, but yet people still smoke them. The answer "why?" is really unknown. Cigarettes were glamorized in the 1950's by people like Marilyn Monroe and were considered fashionable. Although the so-called "glamour" has calmed down quite a bit, there are still plenty of people around the world that smoke. Smoking can start at a very young age. I myself knew people who were smoking before freshman year of high school.

One of the earliest movies that I remember watching as a child that had smoking in it was the Disney movie 101 Dalmatians. One of the main characters, (Cruella de Vil) smoked throughout the whole movie. So one of my many questions is: Is this where kids learn that smoking is cool? Do they see it in the media and think that they should imitate it? Or does it begin at home with their parents and family members? In my opinion it's both. Kids see their favorite Hollywood actor/actress or baseball player smoke while on the set of their new movie or

before hitting a home run and idolize it. It's a proven fact that if your parents smoke then you are more prone to pick up smoking rather than the person next to you whose parents never smoked.

I think that teens start smoking at a younger age (in some cases), because of peer pressure. I have never been pressured to smoke, but I hear people all the time saying that they were pressured to do this by a friend or another friend pressured them to do that. Now sure, people have asked me to "take a drag" of a cigarette, or "just smoke one puff" but I never really found it appealing. I already have asthma and bad lungs so why would I intentionally try to make it worse? As a kid I was taught that smoking was nasty, caused yellow teeth, dirty nails, and worst of all could lead to cancer. So I always told myself I would never do it. I remember seeing posters in health class of people who smoked so much tobacco or they chewed so much that part of their jaw was missing or they had to talk through a little voice box in their throat because they had gotten some type of cancer. Since seeing that whenever I see a cigarette I run the other direction! I do have friends and family members that smoke, and I think that if they want to do it then that's their personal choice; it's just something that I wouldn't do.

The effects of smoking cigarettes over a long period of time can ultimately lead to death. Cigarette smoking is the leading cause of preventable death in the United States. Smoking causes almost nine out of ten lung cancer cases, as well as other lung diseases, such as emphysema and chronic bronchitis. On average tobacco currently kills over 443,000 Americans each year and in 2004 it killed over 5.4 million people worldwide. The World Health Organization stated that tobacco has caused over 100 million deaths over the course of the 20th century. If people still smoke as much as they do now, in the future it is estimated that smoking is set to kill 6.5 million people in 2015 and 8.3 million people in 2030.

#### **Works Cited**

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